

Water		Shelter	
<input type="checkbox"/>	Identify natural water sources	<input type="checkbox"/>	Site selection
<input type="checkbox"/>	Locate water in nature	<input type="checkbox"/>	Natural shelters
<input type="checkbox"/>	Ground water extraction techniques	<input type="checkbox"/>	Shelter hazards
<input type="checkbox"/>	Rainwater collection systems	<input type="checkbox"/>	Stake making and usage
<input type="checkbox"/>	Solar Still   Evaportaion techniques	<input type="checkbox"/>	Man made shelter
<input type="checkbox"/>	Seepage well	<input type="checkbox"/>	Optimizing space and angles
<input type="checkbox"/>	Plant Water Extraction	<input type="checkbox"/>	Long-term shelter
<input type="checkbox"/>	Water storage methods	<input type="checkbox"/>	Tying shelter into snow/sand
<input type="checkbox"/>	Water transportation techniques	<input type="checkbox"/>	Insulation techniques
<input type="checkbox"/>	Filtration (improvised & commercial)	<input type="checkbox"/>	Weatherproofing
<input type="checkbox"/>	Purification (boiling, chemical, solar)	<input type="checkbox"/>	Structural stability
<input type="checkbox"/>	Assess water quality	<input type="checkbox"/>	Bedding and ground insulation
<input type="checkbox"/>	Rationing and long-term planning	<input type="checkbox"/>	Shelter repair
		<input type="checkbox"/>	Bed logs   Fire reflector
Fire		Navigation	
<input type="checkbox"/>	Fire triangle fundamentals	<input type="checkbox"/>	Map reading fundamentals
<input type="checkbox"/>	Tinder identification and preparation	<input type="checkbox"/>	Compass use and orientation
<input type="checkbox"/>	Kindling and fuel selection	<input type="checkbox"/>	Terrain association
<input type="checkbox"/>	Fire lays & Uses	<input type="checkbox"/>	Route planning
<input type="checkbox"/>	Ferro Rod lighting	<input type="checkbox"/>	Dead reckoning
<input type="checkbox"/>	Match and lighter use	<input type="checkbox"/>	Pace count
<input type="checkbox"/>	Friction fire (bow drill, hand drill)	<input type="checkbox"/>	Distance estimation
<input type="checkbox"/>	Fire maintenance	<input type="checkbox"/>	Handrails, backstops, and attack points
<input type="checkbox"/>	Fire in adverse conditions	<input type="checkbox"/>	Triangulation
<input type="checkbox"/>	Fire uses (drying, light, etc.)	<input type="checkbox"/>	Shooting lines of angulation
<input type="checkbox"/>	Banking Fire	<input type="checkbox"/>	Six Point Checklist
<input type="checkbox"/>	Cooking over fire	<input type="checkbox"/>	Celestial navigation basics
<input type="checkbox"/>	Fire safety and extinguishing	<input type="checkbox"/>	Lost procedures (STOP method)
<input type="checkbox"/>	Signal fires	<input type="checkbox"/>	Basic coordinate systems
Signaling & Communication		Fieldcraft (SERE-Based)	
<input type="checkbox"/>	Principles of signaling	<input type="checkbox"/>	Survival priorities (PACE, needs hierarchy)
<input type="checkbox"/>	Signal fires	<input type="checkbox"/>	Situational awareness
<input type="checkbox"/>	Using SOS	<input type="checkbox"/>	Movement techniques
<input type="checkbox"/>	Night Signals	<input type="checkbox"/>	Camouflage basics
<input type="checkbox"/>	Ground-to-air signals	<input type="checkbox"/>	Signature reduction (sight, sound, movement)
<input type="checkbox"/>	Mirror signaling	<input type="checkbox"/>	Observation and reporting
<input type="checkbox"/>	Improvised signaling tools	<input type="checkbox"/>	Tracking basics (sign, disturbance, patterns)
<input type="checkbox"/>	Whistle and sound signaling	<input type="checkbox"/>	Counter-tracking awareness
<input type="checkbox"/>	Communication planning	<input type="checkbox"/>	Decision-making under stress

<input type="checkbox"/>	Stay vs move decision-making	<input type="checkbox"/>	Survival Unnoticed
<input type="checkbox"/>		<input type="checkbox"/>	Resource management and improvising
<input type="checkbox"/>		<input type="checkbox"/>	
<b>Tools &amp; Equipment</b>		<b>Primitive Skills</b>	
<input type="checkbox"/>	Knife safety and handling	<input type="checkbox"/>	Primitive fire methods
<input type="checkbox"/>	Tool use and application	<input type="checkbox"/>	Natural cordage making
<input type="checkbox"/>	Sharpening techniques	<input type="checkbox"/>	Tool creation from natural materials
<input type="checkbox"/>	Improvised tool creation	<input type="checkbox"/>	Shelter building without modern tools
<input type="checkbox"/>	Gear selection principles	<input type="checkbox"/>	Stone and wood tool basics
<input type="checkbox"/>	Equipment care in field conditions	<input type="checkbox"/>	Primitive cooking methods
<input type="checkbox"/>	Packing and load management	<input type="checkbox"/>	Resource identification and use
<input type="checkbox"/>	Care and Use of equipment		
<b>Food Procurement</b>		<b>Archery &amp; Primitive Weapons</b>	
<input type="checkbox"/>	Ethical foraging principles	<input type="checkbox"/>	Archery safety and fundamentals
<input type="checkbox"/>	Wild edible plant identification	<input type="checkbox"/>	Bow handling and shooting form
<input type="checkbox"/>	Seasonal food awareness	<input type="checkbox"/>	Target acquisition and accuracy
<input type="checkbox"/>	Fishing techniques	<input type="checkbox"/>	Primitive weapon concepts
<input type="checkbox"/>	Edability Test	<input type="checkbox"/>	Atlatl construction   use
<input type="checkbox"/>	Hunting principle	<input type="checkbox"/>	Fire hardening tools
<input type="checkbox"/>	Weapon making	<input type="checkbox"/>	Sling shot construction
<input type="checkbox"/>	Improvised fishing tools	<input type="checkbox"/>	Spear construction and use
<input type="checkbox"/>	Traps and snares	<input type="checkbox"/>	Shepards Sling build and use
<input type="checkbox"/>	Tool creation for food procurement	<input type="checkbox"/>	Responsibility and safety with weapons
<input type="checkbox"/>	Food safety	<input type="checkbox"/>	Throw stick usage
<input type="checkbox"/>	Food preparation	<input type="checkbox"/>	Arrow making
<input type="checkbox"/>	Caloric and energy management	<input type="checkbox"/>	Using weapons on fish
<input type="checkbox"/>	Field dressing animals	<input type="checkbox"/>	Snake sticks
<input type="checkbox"/>	Bird procurement	<input type="checkbox"/>	Ethical Hunting   Harvesting
<b>Plant Identification &amp; Herbal Skills</b>		<b>Survival Medicine</b>	
<input type="checkbox"/>	Plant identification fundamentals	<input type="checkbox"/>	Scene safety and assessment
<input type="checkbox"/>	Leaf shapes	<input type="checkbox"/>	Basic first aid & CPR
<input type="checkbox"/>	Leaf arrangement	<input type="checkbox"/>	Patient movement and evacuation
<input type="checkbox"/>	Leaf edges (smooth, serrated, lobed)	<input type="checkbox"/>	Preventative field care
<input type="checkbox"/>	Vein patterns (parallel, pinnate, palmate)	<input type="checkbox"/>	Wound care
<input type="checkbox"/>	Edible plant identification	<input type="checkbox"/>	Bleeding control
<input type="checkbox"/>	Medicinal plant uses	<input type="checkbox"/>	Burn treatment
<input type="checkbox"/>	Toxic plant identification	<input type="checkbox"/>	Heat exhaustion and heat stroke
<input type="checkbox"/>	Plant family recognition	<input type="checkbox"/>	Hypothermia prevention and treatment
<input type="checkbox"/>	Seasonal plant cycles	<input type="checkbox"/>	Dehydration recognition
<input type="checkbox"/>	Ethical harvesting techniques	<input type="checkbox"/>	Improvised splinting
<input type="checkbox"/>	Preparation methods (infusions, decoctions)	<input type="checkbox"/>	Improvised Litter

<input type="checkbox"/>	Poultices and topical applications	<input type="checkbox"/>	Building Field Med kits
<input type="checkbox"/>	Storage and preservation of plant material	<input type="checkbox"/>	Patient evaluation
<b>Knots, Cordage &amp; Lashing</b>		<b>Teamwork &amp; Leadership</b>	
<input type="checkbox"/>	Basic knots (overhand, square, bowline)	<input type="checkbox"/>	Communication under pressure
<input type="checkbox"/>	Load-bearing knots	<input type="checkbox"/>	Role assignment and accountability
<input type="checkbox"/>	Adjustable knots	<input type="checkbox"/>	Group problem-solving
<input type="checkbox"/>	Hitches and binding knots	<input type="checkbox"/>	Conflict and resolution
<input type="checkbox"/>	Square lashing	<input type="checkbox"/>	Leadership through action
<input type="checkbox"/>	Shear lashing	<input type="checkbox"/>	Trust-building exercises
<input type="checkbox"/>	Climbing Techniques	<input type="checkbox"/>	Passive Leadership
<input type="checkbox"/>	Cordage selection and care	<input type="checkbox"/>	Delegation of responsibility
<input type="checkbox"/>	Natural cordage making	<input type="checkbox"/>	Long term success
<input type="checkbox"/>	Rope maintenance and storage		
<input type="checkbox"/>	Swiss seat		
<b>Outdoor Living</b>		<b>Mental Resilience</b>	
<input type="checkbox"/>	Camp setup and organization	<input type="checkbox"/>	Managing discomfort and stress
<input type="checkbox"/>	Outdoor cooking	<input type="checkbox"/>	Building persistence
<input type="checkbox"/>	Field sanitation and hygiene	<input type="checkbox"/>	Problem-solving under pressure
<input type="checkbox"/>	Leave No Trace principles	<input type="checkbox"/>	Confidence through accomplishment
<input type="checkbox"/>	Environmental awareness	<input type="checkbox"/>	Emotional regulation
<input type="checkbox"/>	Adapting to changing conditions	<input type="checkbox"/>	Growth mindset development
<input type="checkbox"/>	Bathing and health	<input type="checkbox"/>	Positive mental attitude
		<input type="checkbox"/>	Spiritual acknowledgement